



# The Quiet Time Template

DATE:     /     /  
SCRIPTURE I READ:

## KEY POINT:

## FAVORITE VERSE:

## REWRITE THE VERSE:

In your own words and without changing the meaning

## APPLICATION & PRAYER

HOW might this verse change the way you live? WHY does practicing this truth in your daily walk with God matter? Write a PRAYER to the Lord sharing what you learned and what the verse means to you.

## ASK QUESTIONS:

**IS THERE...**

A PROMISE TO CLAIM?

A SIN TO AVOID?

A COMMAND TO OBEY?

SOMETHING NEW YOU LEARNED  
ABOUT GOD?

## EMPHASIZE:

Focus on different words to better understand their context and meaning.

# How to have a Quiet Time

1. Begin by asking God to open the eyes of your heart to what He wants to teach you in your Quiet Time.
2. Passages for your daily Quiet Times are listed at the beginning of each lesson on the Leader's Guide under "Quiet Time Verses." Feel free to read more verses surrounding the selected passage to better understand the context of what you are reading. Use your favorite version of the Bible for your Quiet Time.

3. Select your FAVORITE VERSE from the passage you read.
4. Apply the ASK QUESTIONS from the first box on the Quiet Time template to your FAVORITE VERSE and record your thoughts. Each time you

## ASK QUESTIONS:

- Is there a command to obey?
- Is there a promise to claim?
- Is there a sin to avoid?
- Is there something new you learned about God?

come across a verse in Scripture that seems to stand out above the rest, ask yourself these questions to stimulate your thinking. You may only be able to apply one or two of the ASK QUESTIONS to some verses, while others may contain answers to all of them.

*SPECIAL NOTE: Steps 5-8 will be further explained in Lesson 3, however, begin familiarizing yourself with the rest of the Quiet Time template.*

5. After applying the ASK QUESTIONS to your FAVORITE VERSE, highlight any word(s) that you may not fully understand. Using a dictionary, Bible concordance, and/or thesaurus, look up the word(s) you highlighted for deeper understanding.
6. Using your findings from the EMPHASIZE words section, rewrite the verse in your own words being careful not to change the meaning of the verse (examples given in Lesson 3).
7. Apply the HOW and WHY questions to your FAVORITE VERSE from the APPLICATION section and write your answers in the space provided.
8. Now, pray the verse back to God, talking to Him about your findings and what it means to you. Is there anything you want to thank Him for? Maybe the Holy Spirit used this verse to convict you of sin in your life and you want to ask God to forgive you. Whatever the case, use the space provided to communicate to your Heavenly Father about what He is impressing on your heart (example given in Lesson 3).